Mi-C7

GlucaChol-22





Oat Crunch Biscuits

INGREDIENTS

150g oats

100g sugar

100g GlucaChol-22™

150g margarine

2 tablespoons honey

2 tablespoons full cream milk



For a healthy heart

- · Assists with cholesterol lowering
- 100% Natural ingredient
- · Effective within weeks



DIRECTIONS

- 1. Add flour, GlucaChol-22™, oats and sugar in a mixing bowl
- 2. Melt the margarine in a pot and stir in honey and milk
- 3. Add the melted mixture to the dry mixture and combine
- 4. Form small balls of biscuit batter by hand and place evenly spaced on a greased baking tray
- 5. Heat the oven to 180° C
- 6 Bake for 20 minutes



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