

Introducing the new member of the Mi-Vitamin™ family!



# Mi- GlucaChol-22™ Instant Flavoured Drinks

For a healthy heart

- Reduces blood cholesterol levels
- Very high in fibre
- Effective within weeks
- Contains Tolerase® L (lactase)

### What is Tolerase® L?

- Tolerase® L is an acid lactase ( $\beta$ -galactosidase) that converts lactose into glucose + galactose
- The enzyme originates from a special strain of the fungus *Aspergillus oryzae*
- It's activity at low pH (3.5 – 5.5) makes this lactase particularly effective to digest lactose in the stomach

### What are the benefits of Tolerase® L?

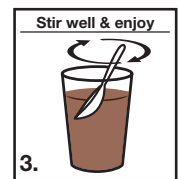
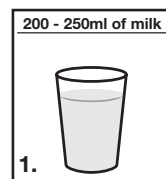
- Tolerase® L helps to eliminate lactose intolerance discomforts like bloating, flatulence, diarrhoea and abdominal cramps that occur after consuming dairy products

### How much GlucaChol-22™ Instant flavoured drink should be consumed per day?

- 3g oat beta-glucan is recommended per day for the reduction of blood cholesterol levels
- **2 scoops of GlucaChol-22™ Instant flavoured drink** provides 3g oat beta-glucan

### Mixing Instructions:

- Add 2 scoops GlucaChol-22™ Instant flavoured drink into a shaker or glass
- Add 200 – 250 ml low fat or fat free milk
- Stir or shake well until the GlucaChol-22™ Instant flavoured drink is a smooth consistency of a shake
- Drink immediately. Product will thicken if left to stand



### Conclusion:



- GlucaChol-22™ Instant flavoured drinks: Convenient, quick and tasty drink
- ♥ May reduce the risk of coronary heart disease by reducing blood cholesterol levels
  - ♥ May improve symptoms of lactose intolerance

### What is GlucaChol-22™?

- GlucaChol-22™ is a 100% concentrated oat bran powder made from oats, also known as Oatwell™
- GlucaChol-22™ contains high concentrations of valuable oat beta-glucans, soluble dietary fibres, which are the active ingredients in oats that may reduce the risk of coronary heart disease by reducing blood cholesterol levels

### What is the difference between GlucaChol-22™ & GlucaChol-22™ Instant flavoured drinks?

- GlucaChol-22™ Instant flavoured drinks contain the original GlucaChol-22™ with Oatwell™. All of the health benefits are now available in 3 NEW flavoured instant drink applications with added Tolerase® L

	GlucaChol-22™ with Oatwell™	GlucaChol-22™ Instant flavoured drinks
Contains GlucaChol-22™ with Oatwell™	✓	✓
Contains Tolerase® L	X	✓ May improve symptoms of lactose intolerance
Flavoured	Natural	Vanilla, Chocolate, Strawberry
Serving size	1 ½ scoops  = 3g oat beta-glucan	2 scoops  = 3g oat beta-glucan
How to use	Add to meals, cereals, porridge, gravy, stews, milk, yogurt, smoothies, any drinks, biscuits, bread, etc.	Add to 200 – 250 ml low fat or fat free milk
Packaging	300g tub	315g tub
Health Benefits	1. May reduce the risk of coronary heart disease by reducing blood cholesterol levels 2. Proven to reduce glycaemic response 3. Improvement of bowel function, promotes digestive health	

 Innovation Based on Science

Marketed by At Life Products (Pty) Ltd  
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**GlucaChol-22™ with Oatwell™ reduces blood cholesterol levels.  
May reduce the risk of coronary heart disease.**